



SERIES OF LECTURES WITH Dr. PATRICK QUANTEN

With consecutive translation into Spanish

From 20th to 24th April 2022

Wednesday, 20th April at 19.30

Presentation of the book “YOUR HEALTH IN YOUR HANDS. How to be healthy in spite of the «medical science»”, by Dr. Patrick Quanten and journalist Alicia Ninou. Published by La Tempestad.

Presentation of the book/introduction to the series of lectures by Dr. Patrick Quanten between 21 and 24 April 2022.

Thursday, 21st April from 19.30 to 21.30

1. Health is Personal - Health is Freedom

We all want to be healthy. But as we are all different people, leading different lives, we all need different things to be healthy. No public service can provide the requirements to each individual. Each of us is therefore responsible for our own health. In order for each individual to obtain the necessary that individual should be free to do whatever is required.

Friday, 22nd April from 19.30 to 21.30

2. The Structure of Life

All life is structured in the same way. Understanding the cycles of life and the influences on life allows each of us to see what we require in order to maintain life. Coming to terms with how life is takes away the anxiety and fear for our environment. Each individual life has a symbiotic relationship with its environment and is not on a constant war footing with its environment.

Saturday, 23rd April from 12.00 to 14.00

3. What are symptoms? What is illness?

When we are not feeling well we get signs that tell us this. We say we are ill, but what does that mean? How can we interpret the signs and symptoms that relate to being unwell? How do these signs help us to understand what we are truly suffering from? Did our medical system hang the name plates in the correct places or did they end up confusing themselves and the rest of us?

Sunday, 24th April from 12.00 to 14.00

4. Restoring ill health back to health

If health is a personal issue, not a public one, then how can the individual restore health for him/herself? What knowledge do we all need to have to achieve this? What tools do we need in our health restoring toolbox? How can we trust ourselves with our own health?

Dr. PATRICK QUANTEN. Born and raised in Belgium, he practised since 1983 on the small island of Alderney (Channel Island, UK) as a family doctor. Realising that many people were not getting better with the prescribed medication and interventions, he made the decision in 2001 to return his medical licence and to distance himself completely from the medical profession. He now devotes his entire life to teaching people how to take care of their own health.

COLLABORATION

	General public	Plural-21 members
1 session	30	24
2 sessions	50	40
3 sessions	75	60
4 sessions (Complete cycle)	100	80

Plural-21 members: 20% discount

NOTE: No one should miss out on coming for economic reasons (to be discussed beforehand), after an interview.